

Youth for Health Song

Healthy youth are the hope of the nation,
We are all united by a common good vision.
Your health and your life are in your hands
So please care for yourself for the sake of the future.

Life blooms and our land rejoices
As healthy youth grow and get stronger.
For happy laughter to sound all around
We're asking you to care for your health.

Refrain:

Youth for health, Youth for health –
This song is resounding everywhere.
Let our planet be filled with us all, Strong and beautiful, healthy
and happy –
Let our planet be filled with us all!

Dewy mornings bring us colourful dreams.
We nurture joyful hope in our hearts,
That we could change the world for the better.
It's time to say "No!" to harmful habits!

Every day we greet the blessing sun and
Our great song is resounding high and loud.
For the happy song to sound forever,
We're asking you to care for your health.

Refrain

Lyrics by G. Tsymbaliuk, Ukrainian Language and Literature Teacher
Music by N. Demydenko, Music Teacher
Matusiv Village Secondary School #2, Shpola District, Cherkassy Region